220 – 4915 Bathurst Street, Toronto, ON M2N 1X9
Tel: (416) 960-3081 Fax: (416) 960-9179
E: info@osillainstitute.com W: osillainstitute.com

Personal Support Worker (PSW) Program Course Outline			
Theory Module	**Description**	**Full Program (# of Hours)**	**Bridging (# of Hours)**
1	PSW Foundations	*55*	*27.5*
2	Safety and Mobility	*30*	*15*
3	Body Systems	*40*	*20*
4	Assisting with Personal Hygiene	*40*	*20*
5	Abuse and Neglect	*15*	*7.5*
6	Household Management, Nutrition, and Hydration	*25*	*12.5*
7	Care Planning/ Restorative Care/ Electronic Documentation/ Working in the Community	*30*	*15*
8	Assisting the Family / Growth & Development	*25*	*12.5*
9	Assisting the Dying Person	*30*	*15*
10	Assisting with Medications	*20*	*10*
11	Cognitive/ Mental Health Issues and Brain Injuries	*40*	*20*
12	Health Conditions	*40*	*20*
13	Gentle Persuasive Approaches in Dementia Care	*10*	*10*
THEORY – Total # of Hours		**400**	**200**

CLINICAL PLACEMENT – Total # of Hours	**200**	**100**
COMMUNITY PLACEMENT – Total # of Hours	**100**	**50**
TOTAL PROGRAM HOURS	**700**	**350**